

# PRE AND POST TAN TIPS

## BEFORE YOUR TAN

### **EXFOLIATE, EXFOLIATE, EXFOLIATE.**

Just like when you prepare a wall before it is painted for the perfect job....prepare your skin properly for the perfect tan and it will last much longer. You can use an exfoliating mitt or a body exfoliating product. We love Moroccan Tan's 'Refining Skin Primer'

**Remove moisturiser, deodorant and makeup** before your tan to allow the tanning solution to attach properly to your skin. This includes any products that contain oil that could act as a barrier.

**Wax or shave a day or two prior to your tan** to stop your spray tan going into the open pores and looking 'dotty'

**Make sure you bring dark loose clothing** to your appointment and a dark coloured g string if you would prefer to wear your own – we can certainly give you a disposable g-string if you prefer.

## AFTER YOUR TAN

### **Wear loose clothing**

Make sure you wear or bring some loose clothing and preferably don't wear a bra or tight shoes after your tan so that you aren't left with marks where it has rubbed off.

### **Don't shower until the time is right**

Ask your tan expert when you are allowed to shower for the required colour you are after – we have 1, 2, 4 and 8 hour options available.

### **Moisturise!**

The more hydrated your skin is the longer your tan will last – especially in winter when our skins tends to get dryer.

### **Use a tan extender**

If you need a little touch up or want to make your tan more even as it is wearing off, kill two birds with one stone and use a tan extending moisturiser. We love Moroccan Tan Glow Extender – with added argan oil it really nourishes the skin with a gorgeous honey scent.

### **Avoid Chlorine if you can**

It will shorten the life span of your tan – but if you can't avoid, make sure you have a handy size tan extender to apply once you are out of the water to keep that tan